November/December 2026

News to keep you up-to-date.

HAPPENINGS At The Villa

A publication of

East Park Villa Senior Living

CELEBRATING 25 YEARS 2001 • 2026

Feeling Welcome at East Park Villa.

Recently, a family member inquired if families are invited to events and activities. My response was, “of course, family and friends are invited.” This individual seemed quite surprised as their family member had been at a different assisted living and families were rarely included in events.

I began to ponder: Are we creating activities for residents, or are we creating opportunities for residents to continue living lives that include the people they love? I believe there is a distinct difference. Perhaps one of the things that makes East Park Villa special isn't just what we provide for residents, but how we make room for the people who matter most to them. And that's worth celebrating. When families and friends are welcomed into East Park Villa events and activities:

- It creates a sense of belonging. Family members aren't just visitors; they're welcomed participants at East Park Villa.
- It strengthens relationships. Shared experiences give residents and their loved ones new memories to make together.
- It builds community. Families get to know other residents, staff, and families, creating connections that extend beyond the individual resident. For example, I often feel like The Grateful Celebration is similar to an alumni event. Everyone comes back and gets to see their classmates.

We work hard to create events where others feel welcome. We want kids, grandkids, and great-grandkids to look forward to coming to East Park Villa, not dread having to come to EPV because they have to “sit still and be quiet.” We want their experiences at East Park Villa to be fun and filled with fabulous memories. Because together, **WE** are East Park Villa.

Grateful Celebration

Please join us as we celebrate

25 years of excellent care at East Park Villa

November 12, 2026

5:00-7:00 PM

- Soup & Pie meal served at either 5pm or 6pm
- 25 year time capsule
- Modern Kowboy
- Decorating Contest

East Park Villa
Senior Living

CELEBRATING 25 YEARS
2001 • 2026

RSVP Number of Guests by November 6th



November Birthdays

Residents	Staff
9- Sharon M.	13- Deb S.
12- Jim J.	
19- Cele S.	
29- JoEllen R.	

December Birthdays

Residents	Staff
17- Dale M.	27- Cadance E.



Find us on: facebook

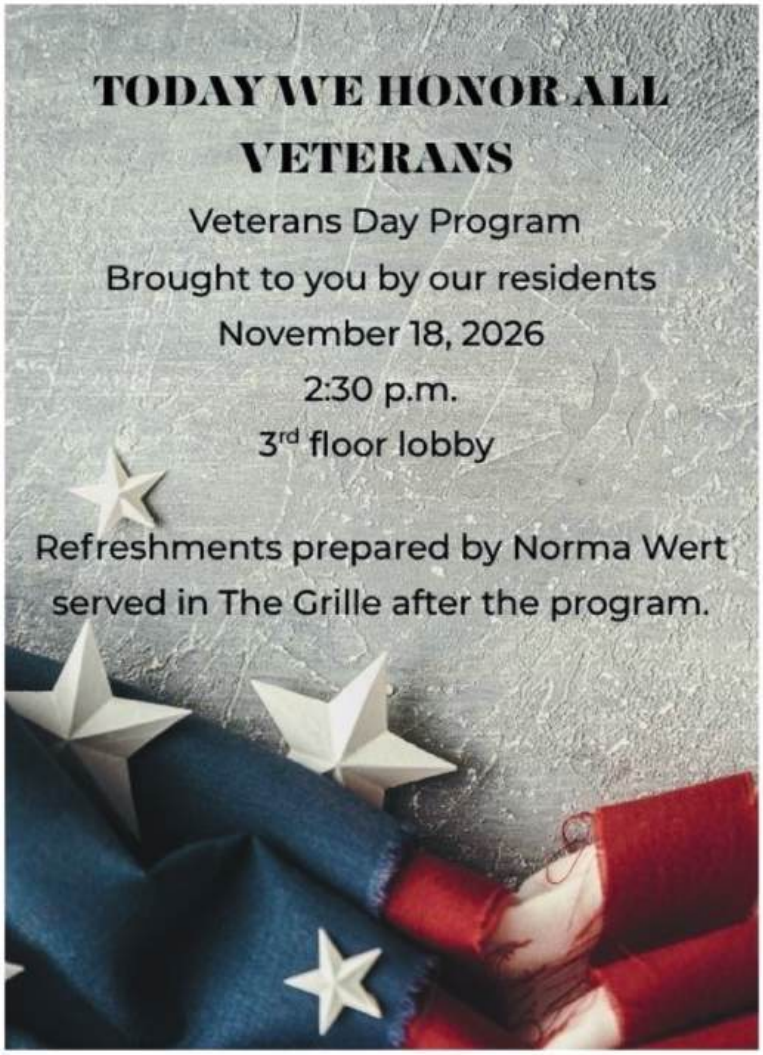
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Memorial COMMUNITY HEALTH

Search Memorial Community Health.

Follow us on Instagram and like and share our Facebook page with family and friends.

Updated periodically with East Park Villa photos.



Hello from Housekeeping!

The holidays will be here before we know it. We are more than happy to help you get your holiday items from a high closet, shelf, or out of storage. Although we may not be available to help you the day you ask, we will be sure to assist you at our earliest convenience.

Have a great day!

Maddy



Dreamweaver FOUNDATION

Merrymakers improves the quality of life for seniors by encouraging active participation, increasing social interaction, and sparking memories through professional musical entertainment.



Mike McCracken
November 19th @ 2:30



Ben Tomasello
December 17th @ 10:30



A Note from Nursing...



Just a reminder, annual open enrollment for 2027 starts October 15, 2026 and ends December 7, 2026. Medicare Part D plans can change from year to year. Because of this, you have the option of enrolling in a different Medicare Part D plan each year. Because Medicare can be confusing, the federal government through the Administration on Community Living, funds a SHIIP or Senior Health Insurance Information Program. The Nebraska SHIIP is part of the Nebraska Department of Insurance. They do not endorse any insurance company, product or agent. They provide free, unbiased Medicare education and counseling to help you understand your options so that you can make a better-informed decision regarding your Medicare Part D insurance. SHIIP offers a toll-free hotline – 1-800-234-7119. Any person eligible for Medicare, relatives, friends or providers can call for answers to insurance questions or to arrange a meeting with a SHIIP counselor.

SHIIP services include:

- Explains Medicare eligibility and benefits offered through Medicare Parts A and B
- Explains supplemental insurance coverage options, cost comparisons and how to choose a company
- Promotes awareness of Medicare fraud including how to protect, detect and report healthcare fraud, waste and abuse
- Explains and compares Medicare prescription drug plans
- Assists limited income individuals in applying for assistance programs to help pay for drug costs
- Explains and compares Medicare Advantage options in your area
- Explains the interaction between Medicare, employer coverage and retiree coverage.

Nebraska SHIIP has a statewide network of certified counselors and partner organizations. They receive extensive training on Medicare and related health insurance and they are available to meet for one-on-one counseling. To schedule an appointment at one of the local Nebraska SHIIP offices call 1-800-234-7119 or 402-471-2841.

The following also provide Medicare open enrollment assistance:

Senior Center in Aurora - call 402-694-2176 to schedule an appointment.

Jim's U-Save in Aurora – call 402-694-3187 to schedule an appointment.

Midwest LTC Pharmacy (assisted living residents) – contact Jennifer.

If you change your Medicare part D plan, please bring your card to Jennifer so that we can make a copy and update your information.

– Jennifer Hunter, RN

Dietary Delights:



Christmas Morning Scones

Ingredients:

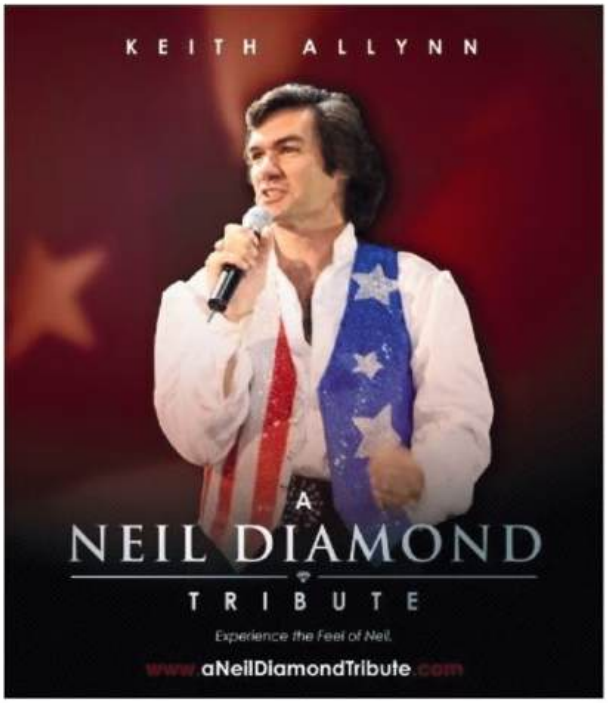
- 2 ½ cups biscuit mix
- ⅓ cup sugar
- ½ cup dried cranberries
- 1 Tbs grated orange zest
- ⅔ cup milk
- 2 Tbs melted butter
- cooking spray

Instructions: Preheat oven to 400°F. Lightly spray a baking sheet with cooking spray. Combine biscuit mix, sugar, dried cranberries, and orange zest in a large bowl. Stir in milk and melted butter until a soft dough forms. Place dough on the prepared baking sheet and gently shape it into an 8-inch circle. Cut the circle into 8 wedges, leaving the wedges close together. Bake for 15–18 minutes, or until lightly golden. Cool slightly before separating the wedges and serving.

Merrick Arts Council

Sunday, November 22, 2026 @ 2 PM

Admission $15.00



EPV Contacts

Laurie Andrews
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East Park Villa
Senior Living

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East Park Villa is a division of Memorial Community Health, Inc.