

News to keep you up-to-date.

HAPPENINGS

At The Villa

A publication of
 East Park Villa
 Senior Living

Fun events!

Inside This Issue:

Page 2

September Activities
 EPV Birthdays

Page 3

MCHI Golf Tournament

Page 4

Assisted Living Week

Page 5

Note from Nursing

Page 6

October Activities

Hello From
 Housekeeping
 Merry-makers

Page 7

Flu Shots
 Scare On The Square
 All Things Fancy

Page 8

From EPV's Kitchen



East Park Villa

1704 L Street
 Aurora, NE 68818
 402-694-2300

East Park Villa is a
 division of Memorial
 Community Health, Inc.

The leaves are changing and the air is turning brisk. What a glorious time of year. As I walked into work today I even thought I should have worn a jacket.

Earlier this week, East Park Villa supervisors held our monthly meeting. At these meetings, we discuss multiple topics: quality assurance, quality improvement, costs and various other matters, but this month, our focus seemed to fall on our fun parties and events. I must say, East Park Villa is definitely developing a reputation for exceptional events! Often as I walk around Aurora Mall purchasing supplies, random people comment, "It looks like a party at East Park Villa tonight!"

August was particularly fun as staff had a great water fight on National Night Out. Residents may have gotten a little wet, too! I was out of state for National Night Out and as the photos were sent to my phone, I found myself sad that I wasn't there for the party. When the tailgate party came around, Gary had made another commitment for that evening for the two of us. I just looked at him with disbelief. I was not going to miss a second East Park Villa event. They are too much fun to miss.

Comments are still being made about the fabulous response from the Giltner students. They were amazing! I found myself thinking that if all kids are like them, we are in good shape for the future.

East Park Villa generally hosts a large event every other month and the tailgate party was our "September" event, even though it was in August. Our grand finale event for the year is The Grateful Celebration on **November 13**. I know families are making plans and airline tickets have been purchased. It will again be a fabulous time to celebrate residents, families, staff and East Park Villa. Jenny is already busy planning our area for the decorating contest. We hope to see you all there!

Laurie

September Activities

The following activities are **in addition to our regularly scheduled activities**. If you plan to attend, please sign up for activities marked with an asterisk (*) at least 24 hours in advance. Thanks!

September:

- 2– Shop Aurora Mall*
- 4– Shop Dollar Tree*
- 4– Sing Along
- 5– EPV Council
- 8– Shop Aurora Mall*
- 8– Hamilton Band
- 9– Pinnacle Bank
- 9– All Things Fancy Class*
- 10– Pour Horse Coffee Cart
- 11– Shop Dollar General*
- 11– Resident Picnic & River Bottom Boys
- 12– Out to Lunch Chances R & GoodyPop*
- 15– Shop Aurora Mall*
- 16– Shop Walmart In GI*
- 18– Shop MCHI Thrift Store*
- 18– Ladies Tea
- 19– Golf Tournament
- 22– Shop Aurora Mall*
- 23– Pinnacle Bank
- 23– Merrymakers Mary Link
- 25– Shop Dollar Tree*
- 25– Men's Night
- 26– Bus Rides*
- 29– Shop Hobby Lobby*
- 30– September Birthday Party



September Birthdays

Residents

- 4– Mary Ann S.
- 5– Don H.
- 7– Oscar L.
- 17– Loretta B.
- 19– Don K.
- 25– Joyce K.
- 28– Donna G.
- 30– Elaine N.

Staff

- 1– Jim P.
- 5– Vicki C.
- 9– Jessica M.
- 29– Annabel S.

October Birthdays

Residents

- 22– Gary R.
- 23– Bob D.
- 27– Mary C.

Staff

- 12– Brianna S.
- 13– Jordan M.
- 25– Carla L.

**HAPPY
BIRTHDAY**



Find us on:
facebook®



Follow us on
Instagram



Search Memorial Community Health.

Follow us on Instagram and like and share our Facebook page with family and friends.

Updated periodically with
East Park Villa photos.



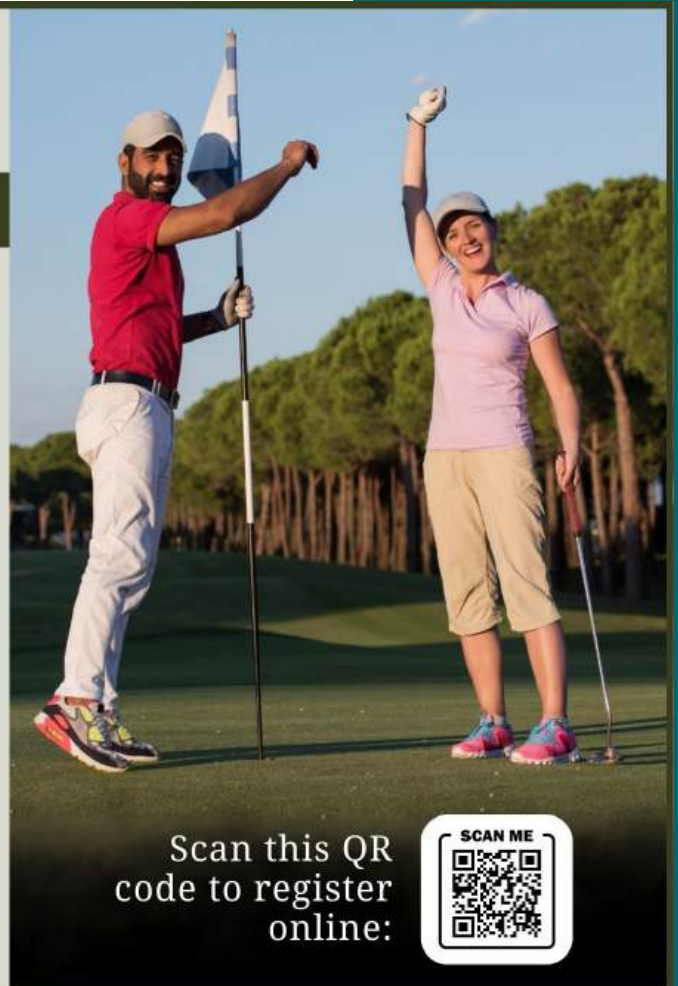
✂ SAVE THE DATE ✂

21st Annual Charitable Golf Tournament

Friday, September 19th

Registration at 1:00 pm | Shotgun start at 1:30 pm
Poco Creek Golf Course, Aurora

All proceeds from the tournament will be directed toward the creation of The Grille at East Park Villa.



Scan this QR code to register online:



For information about registering your team or opportunities for sponsorship, contact Memorial Foundation at 402-694-8220 or foundation@mchiaurora.org





NATIONAL ASSISTED LIVING WEEK® • SEP 7-13, 2025

Sunday, Sept. 7th

Grandparents Day

Monday, Sept. 8th

Exercise, Shopping, Crosswords, & Hamilton Band

Tuesday, Sept. 9th

*Manicures, Stretch & Strength, Pinnacle Bank, & All Things Fancy
Class in Marquette**

Wednesday, Sept. 10th

*Pour Horse Coffee, Walk Out Wednesday, BINGO With Vicki & Billie,
& The Chosen Bible Study*

Thursday, Sept. 11th

*Stretch & Strength, Shopping, Resident Picnic,
& The River Bottom Boys*

Friday, Sept. 12th

*Men's Coffee, Exercise, Out to Lunch @ Chances R
& Shop GoodyPop* & Games*

Saturday, Sept. 13th

Nebraska vs. Houston Christian

A Note from Nursing...

Fall is right around the corner and it is time for us to start planning our annual vaccination clinic at East Park Villa. Midwest Pharmacy will be coming to EPV again this year and will administer flu shots to residents who choose to get one. They are also expecting an updated COVID-19 booster to be approved and available at the time of our vaccination clinic. They will administer both vaccines on the same day to those who wish to receive them. We don't have a set date at this time, but Midwest Pharmacy is anticipating it will be in late September or early October. In preparation for this event, Midwest Pharmacy has requested that you sign a consent form prior to the vaccination clinic. Please contact me if you are interested in receiving one or both of these vaccinations.

TAKE EVERYDAY ACTIONS TO STOP THE SPREAD OF GERMS

✓ **Cover your mouth and nose with a tissue when you cough or sneeze.** If you don't have a tissue, cough into your sleeve instead of your hands. Throw your tissues away in a trash can. When you cough and sneeze your germs can travel 3 feet! Just think of all the people you could expose in the dining room by coughing/sneezing.

✓ **Wash your hands! Wash your hands! Wash your hands!** Viruses can live a long time on surfaces. Every time you touch a doorknob, railing, chair, etc., you are picking up and spreading germs. If soap and water are not available, use an alcohol based hand sanitizer.

✓ **Avoid touching your eyes, nose and mouth with your hands as much as possible.** Germs are spread this way.

✓ **Please stay in your apartment while you are sick.** If you are sick, we want you to avoid contact with others as much as possible. We will be glad to bring you room trays for your meals. If you absolutely need to leave your apartment, like for a medical appointment, staff will ask you to put a mask on to protect others. We ask that you do not come out of your apartment if you have a fever, diarrhea, and/or vomiting. If you have any questions or concern about whether you should come out of your apartment, please ask staff.

✓ **Stay away from people that are ill.** Please ask your family and friends not to come and visit if they are not feeling well.

Please protect yourself and others by taking precautions in preventing the spread of germs.

Take care and stay well!

Jennifer, RN

October Activities

The following activities are **in addition to our regularly scheduled activities**. If you plan to attend, please sign up for activities marked with an asterisk (*) at least 24 hours in advance. Thanks!

October :

- 2– Shop Dollar General*
- 3– Trip to
- 6– Shop Aurora Mall*
- 6– EPV Council
- 6– Merry Maker Mark Irvin
- 9– Shop MCHI Thrift Shop*
- 9– Ladies Tea
- 10– Bus Rides*
- 13– Shop Aurora Mall*
- 14– Pinnacle Bank
- 14– Lunch @ Kerry's*
- 16– Shop Dollar Tree*
- 16– Men's Night
- 17– Pumpkin Painting
- 20– Shop Aurora Mall*
- 21– Shop Walmart In York*
- 23– Shop Dollar General*
- 24– Trip To GI Casino*
- 27– Shop Aurora Mall*
- 28– Pinnacle Bank
- 28– October Birthday Party
- 30– Shop MCHI Thrift Shop*
- 30– Scare On The Square

October

Hello from Housekeeping!

Just a quick note to inform you that we will be burning off the dust from your heaters.

This may cause an unpleasant smell and could occasionally trigger the smoke alarms in your apartment. If you turn on your heater and this happens, please don't panic. If it occurs at night, please inform the med aides.

Have a great day!

Becky, Lacey, Kenzie, Kendall



Merrymakers



Mary Link
September 23rd
3:15 PM



Mark Irvin
October 6th
10:00 AM



Wood Flowers
All Things Fancy Class
 Marquette Nebraska
 September 9th
 2:00 PM
 Sign Up @ Front Desk

BEAT the Flu BUG



Get your Shot!

DATE TO BE ANNOUNCED

SCARE
 THE
 SQUARE

OCTOBER 30, 2025

6:00-7:00 PM

2ND FLOOR LOBBY



Laurie Andrews
Administrator

Jennifer Hunter, RN
Assistant Administrator

Nicole Nelson
Activities Coordinator

Becky Guptill
Housekeeping Supervisor

Crystal Homolka
Dietary Supervisor

Jason Fry
Maintenance Supervisor



Because every moment matters.

Jumbo M&M Cookies

Ingredients:

- 1 cup unsalted butter
- 1 cup brown sugar, packed
- 1/2 cup granulated sugar
- 2 large eggs
- 2 teaspoons vanilla extract
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 1/2 cups old-fashioned oats
- 1 cup M&M candies
- 1 cup semisweet chocolate chips
- 1/2 cup chopped nuts of choice

Directions:

Preheat the oven to 350°F (175°C) and line two large baking sheets with parchment paper. In a large bowl, cream together the butter, brown sugar, and granulated sugar until light and fluffy. Beat in the eggs one at a time, then stir in the vanilla extract. In a separate bowl, whisk together the flour, baking soda, and salt. Gradually add the dry ingredients to the wet ingredients, mixing until just combined. Stir in the oats, M&M candies, chocolate chips, and walnuts. Scoop out 1/4 cup of dough per cookie, shape into balls, and place on the prepared baking sheets. Flatten slightly. Bake for 13 to 15 minutes, or until the edges are golden and the centers are just set. Let cookies cool on the baking sheets for 5 minutes before transferring to a wire rack.

Eastparkvilla.org

Visit us online at:

1704 L Street
Aurora, NE 68818

East Park Villa
Senior Living

